

COURSE OVERVIEW

# Noise Safety Awareness

TIMHS-116



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Hearing protection is vital in the workplace because prolonged exposure to loud noise can cause permanent hearing loss, tinnitus, and other health issues. By wearing earplugs or earmuffs, workers reduce their risk of damage while staying alert and safe on the job.

Protecting hearing isn't just about comfort; it's a legal and safety requirement that helps maintain long-term well-being, productivity, and clear communication among teams.

## **Module 1: Noise Safety**

This module explains the legal duties under the Personal Protective Equipment at Work Regulations 1992. It highlights why proper selection, use, and maintenance of PPE is essential for protecting workers from preventable injuries and health risks.

- The law that governs noise safety
- Safe noise levels and risks to excessive levels
- The importance of PPE
- Maintenance checks
- Recognise symptoms of hearing reduction



**Suitable for:**

All team members who need or use hearing protection in their role.

**Skills achieved:**

- Hearing protection (Basic)

**Related Resources:**

- Accident Management System Assessment
- Personal Protective Equipment Assessment
- Equipment Assessment
- Pre-work Assessment
- Equipment Use Safety Audit
- Pre-work Audit
- Employee Training Needs Checklist
- First-Aid Kit Checklist
- Eye Protection Toolbox Talking Points – PDF
- Gloves Toolbox Talking Points – PDF
- Head Protection Toolbox Talking Points – PDF
- HAVS Toolbox Talk – Template PowerPoint
- Noise Safety Ready Calculator
- Hearing Protection Calculator
- Noise Safety Risk Assessment
- Noise Safety Audit
- Noise Safety Checklist

**Benefits:**

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

**Estimated Time:**

15 Minutes

**Related Courses:**

- Personal Protective Equipment (PPE)
- Managing Personal Protective Equipment
- Health and Safety Level 1
- Accidents and Reporting
- COSHH
- Understanding Safety Management
- Essentials of Protecting Employees
- Risk Management
- Pest Control Awareness