

COURSE OVERVIEW

# Laundry Duties

TIHK-102



This course provides staff with the essential knowledge and skills to manage laundry safely and hygienically. Learners will explore the importance of maintaining high standards of laundry room hygiene and understand how to sort used bedding to minimise contamination risks.

Practical guidance on safe handling of laundry bags to prevent cross-contamination and injury, alongside clear emergency procedures, ensures staff can respond effectively to incidents. By the end of the course, participants will be equipped to carry out laundry tasks confidently, safely, and in compliance with workplace health and safety standards.

### **Module 1: Preparing to clean**

This module provides an overview of safe and hygienic practices in the laundry room. It highlights the key steps to protect yourself and maintain a clean working environment.

- The importance of laundry room hygiene
- How to sort used bedding safely
- Potential health risks
- The use of Personal Protective Equipment
- Correct laundry bag handling
- Emergency procedures



**Suitable for:**

Essential for anyone who handles, supervises, or supports laundry operations.

**Skills achieved:**

- Laundry Safety (Beginner)

**Related Resources:**

- Housekeeping managers' checklist
- PPE checklist
- Pre-work – PPE brief
- Office slips and trips risk assessment
- Lone worker checklist
- Lone working risk assessment
- Lone working audit

**Benefits:**

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

**Estimated Time:**

18 Minutes

**Related Courses:**

- Essentials of Housekeeping
- Cleaning Public Spaces
- Slips and Trips
- COSHH
- Fire Safety for team members
- Personal Protective Equipment
- Lone Worker
- First Aid Awareness