

COURSE OVERVIEW

# Personal Protective Equipment (PPE)

TIMHS-111



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Personal Protective Equipment (PPE) is crucial for protecting workers against health and safety risks that cannot be mitigated by other means. It includes items like helmets, gloves, eye protection, high-visibility clothing, and respiratory gear, each designed to protect against specific hazards.

Under UK law, employers must provide suitable PPE free of charge, ensure it is adequately maintained, and train staff in its correct use. PPE acts as the last line of defence in the workplace, making its proper selection and use critical to preventing injury and illness.

## **Module 1: The law**

This module explains the legal duties under the Personal Protective Equipment at Work Regulations 1992. It highlights why proper selection, use, and maintenance of PPE is essential for protecting workers from preventable injuries and health risks.

- The need for protective equipment
- The law that governs Personal Protective Equipment
- Why you should use Personal Protective Equipment
- What areas of the body need to be protected

## **Module 2: Types of PPE**

Personal Protective Equipment (PPE) encompasses a range of gear, including helmets, gloves, high-visibility clothing, respiratory masks, and safety footwear, each designed to safeguard against specific workplace hazards.

- Types of Personal Protective Equipment
- How your body is protected
- Safe noise levels

**Suitable for:**

Managers who supervise individuals who require or use PPE in their roles. Any employee whose role exposes them to health and safety risks.

**Skills achieved:**

- Health and Safety (Basic)

**Related Resources:**

- Accident Management System Assessment
- Asbestos Location Assessment
- Working in an ACM Zone Assessment
- Personal Protective Equipment Assessment
- Equipment Assessment
- Pre-work Assessment
- Microbiological Contaminants Assessment
- Zoonosis Assessment
- Infection Control Assessment
- Equipment Use Safety Audit
- Asbestos Audit
- Working in an ACM Zone Audit
- Pre-work Audit
- Employee Training Needs Checklist
- First-Aid Kit Checklist
- Infection Control Checklist
- Eye Protection Toolbox Talking Points – PDF
- Gloves Toolbox Talking Points – PDF
- Head Protection Toolbox Talking Points – PDF
- HAVS Toolbox Talk – Template PowerPoint

**Benefits:**

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

**Estimated Time:**

75 Minutes

**Related Courses:**

- Health and Safety Level 1
- Accidents and Reporting
- COSHH
- Understanding Safety Management
- Essentials of Protecting Employees
- Risk Management