

COURSE OVERVIEW

# Lone Worker

THIS-107



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A lone worker is an individual who performs tasks without close or direct supervision. They may not be physically isolated, but often operate in separate locations from colleagues.

While many lone workers interact with customers or the public, the absence of immediate support introduces personal safety risks that require additional control measures, clear procedures, and reliable communication systems.

## **Module 1: Essentials of Lone Working**

Lone working involves carrying out tasks without direct supervision, requiring clear risk assessments, reliable communication, and tailored safety measures to protect individuals.

- Lone working
- Types of jobs that are suitable for lone working
- Hazards associated with lone working
- How to decide if lone working is appropriate

## **Module 2: Safety Considerations**

This module covers the importance of establishing safe working arrangements for lone workers to actively prevent harm, support wellbeing, and comply with legal requirements.

- Key safety considerations
- How to be incident-ready
- Moral and legal obligations
- Employee and Employer obligations

**Suitable for:**

Managers and team leaders who supervise lone workers. Employees who work alone, or Health and Safety Advisors.

**Skills achieved:**

- Health and Safety (Basic)

**Related Resources:**

- Accident Management System Assessment
- Lone Working Risk Assessment
- Personal Protective Equipment Assessment
- Equipment Assessment
- Lone Working Decision Chart
- Accident Management System Audit
- Lone Working Audit
- Equipment Use Safety Audit
- Lone Working Checklist

**Benefits:**

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

**Estimated Time:**

45 Minutes

**Related Courses:**

- Accident and Reporting
- Essentials of Homeworking
- Understanding Safety Management
- Essentials of Protecting Employees
- Personal Protective Equipment
- Risk Management