

COURSE OVERVIEW

Essentials of Employee Protection

THIS-104



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Accident investigations often reveal that human error (a result of personal behaviour during a task) is a significant contributing factor. This course examines how performance can be influenced by various factors and how these risks can be effectively managed.

Module 1: Human Behaviour

Discover how personal behaviour impacts safety and performance. This course examines the key factors contributing to human error and provides practical strategies to mitigate risk and promote safe working practices.

- The four factors of safety
- The influence of fitness and health
- The cause of stress
- The impact of tiredness and fatigue
- Personal behaviour influences
- Safety measures when working alone
- Intentional and unintentional errors
- Personal performance factors
- Preventing human error

Suitable for:

Managers, supervisors and Health and Safety advisors.

Skills achieved:

- Health and Safety (Intermediate)

Related Resources:

- Accident Management System Assessment
- Hazard/vulnerability Risk Assessment
- Microbiological Contamination and Zoonosis
- Work-related stress
- Young person, task assignment Assessment
- Accident Management System Audit
- Washing Facilities Audit

Benefits:

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

Estimated Time:

30 minutes

Related Courses:

- Health and Safety Level 1
- Stress Awareness
- Stress Management for Managers
- Positive Psychology
- Fire Safety for Fire Marshals
- Fire Safety for Fire Marshals Irish Law
- Fire Safety for Managers
- Fire Safety for Managers Irish Law