COURSE OVERVIEW Are you the target? TICDS-108 01892 535 550 www.timelyintervention.co.uk til@timelyintervention.co.uk Many people mistakenly assume that their personal computer or the data it contains holds little value. Both are highly attractive to cybercriminals. Beyond the monetary worth of the device itself, a laptop often stores login credentials, business documents, and access points to sensitive organisational systems.

Hackers can exploit even a single compromised device to infiltrate wider networks, steal confidential data, or disrupt operations. That's why every user, regardless of role, must take proactive steps to secure their computer and the information it holds. Awareness, vigilance, and basic cyber hygiene are essential to protecting both personal and organisational assets.

Module 1: Overview

Anyone with system access can be a target for cybercrime, not just high-profile individuals or executives.

- Why and how cyber-criminals target you
- The risk to business systems when a personal computer has been hacked
- How to create security
- How to recognise if you have been hacked
- What to do if you have been hacked

Suitable for:

Anyone who uses digital systems or accesses the internet, especially those who may not realise they're vulnerable to cyber threats.

Skills achieved:

Data Security (Intermediate)

Related Resources:

- Information Security Breach Assessment
- ISO 27001 Gap Analysis Assessment
- Support Gap Analysis
- Operation Gap Analysis
- IT Audit
- Data Policy Agreement
- Information, data and cybersecurity incident

Benefits:

The Delegate will receive a Total Quality Assured (TQA) certificate of achievement upon successful completion.

Estimated Time:

35 Minutes

Related Courses:

- Essentials of Cyber Security
- Information Security
- Essentials of Cyber Security
- Data Protection
- Protecting Information

